

# '09 women in BUSINESS

Proudly co-sponsored by the Parksville Downtown Business Association & The Beach Club Resort

## Get in sync with Rhiannon at Synergy Day spa

Rhiannon Cosgrave opened Natural Synergy Day Spa on November 16, 2008. She has always been passionate about making people feel and look good. Her passion for aesthetics is only surpassed by her desire for all things natural.

Imagine her delight in finding a career path that combined the two. She has been a certified esthetician now for seven years and has loved every minute of it.

Growing up in Alberta and overseas, Rhiannon's dream was to become a hairdresser. While looking into attending a Calgary hair college, she had the opportunity to learn more about aesthetics and that was it, she was hooked.

Following graduation, she operated her own spa in a women's gym for a year before moving her clientele into her own home, thanks to her husband Will for building it — it was a success, she adds,



Rhiannon Cosgrave.

for some two years.

In 2007, while visiting family on Vancouver Island, she and her husband fell in love with the area and when the chance came to transfer here, the pair relocated that June. Rhi-

annon knew she wanted to run her own spa again, but wanted to research the Oceanside area before delving in.

When a location came up on Middleton Avenue in Parksville, Rhiannon

knew the time was right to break out on her own again. Owning her own spa has afforded Rhiannon the opportunity to combine her love of nature with a broad range of services to provide the

best possible experience for her guests.

"We only use natural products and incorporate the elements of nature to create an environment where people can leave their daily stress behind and revitalize."

Another activity Rhiannon decided to take on was becoming a part of the Parksville Downtown Business Association board. She finds great satisfaction really being a part of the community, as well as bringing attention to the downtown core. Since becoming a director with the PDBA, she has helped organize such events as the Parksville Downtown Clean-Up, the first street hockey tournament and the upcoming Santa Claus Parade. She is also a director on the German Ju Jutsu Systems Foundation, helping troubled youth in the community.

Rhiannon attributes the spa's success to all

of her staff. Her reception team is helpful and accommodating, not to mention how amazing her providers are with their services and client care. They promise to exceed your expectations.

From special service training to friendly guest service, to a wonderfully warm and inviting atmosphere, the ladies at Synergy feel they offer a very unique day spa experience. Synergy's variety of services include registered and relaxation massage therapy, facials, waxing and tinting, manicures, pedicures and body treatments using natural products.

Extremely environmentally conscious, Rhiannon, along with the Synergy staff, invite you to come on in, relax with a herbal tea and enjoy the spa atmosphere as they do every day.

"We will work in synergy to bring you back in sync."

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